

# The Oxford Elbow Score

## Guide to Scoring

The Oxford Elbow Score has 12 items (questions) with 5 response options each. Each item response is scored 0 to 4, with 0 representing greater severity. Underlying the 12 items are 3 domains (sub-scales): Elbow pain, Elbow function and Social-psychological domain. Scores for each domain are calculated as the sum of each individual item score within that domain, which is then converted to a metric of 0 – 100 (lower score representing greater severity).

Conversion to metric score:  $\frac{100}{\text{Maximum Possible Domain Score}} \times \text{Actual Score}$

Pain domain (4 items):

Item no.

- 7 Pain in bed at night
- 8 Pain interfered with sleeping
- 12 Usual Pain
- 11 Worst Pain

Maximum possible raw domain score (4X4=) 16.

Elbow function (4 items):

Item no.

- 4 Difficulty dressing
- 3 Difficulty washing all over
- 1 Difficulty with lifting
- 2 Difficulty carrying bags

Maximum possible raw domain score (4X4=) 16.

Social-Psychological domain (4 items):

- 10 Limited leisure activities
- 6 Elbow problem 'on your mind'
- 5 Elbow problem 'controlling your life'
- 9 Interfered with usual work/everyday activities

Maximum possible raw domain score (4X4=) 16.

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