

## OXFORD ANKLE FOOT QUESTIONNAIRE – CHILD & TEENAGER VERSION

The questions below are based upon ways in which some young people told us they had been affected by a foot or ankle problem.

We want you to think about each question and then put a tick or a cross next to the answer that best describes you – was it never a problem for you, or was it always a problem for you, or somewhere in between?

**Thinking about the last week...**

1. Have you found walking difficult because of your foot or ankle?

never  rarely  sometimes  very often  always

2. Have you found it difficult to run because of your foot or ankle?

never  rarely  sometimes  very often  always

3. Has it been difficult to stand up for long periods?

never  rarely  sometimes  very often  always

4. Have you had pain in your foot or ankle?

never  rarely  sometimes  very often  always

5. Have your legs been sore or ached after walking or running?

never  rarely  sometimes  very often  always

6. Have you felt tired because of your foot or ankle?

never  rarely  sometimes  very often  always

7. Has your foot or ankle stopped you joining in with others in the playground?

never  rarely  sometimes  very often  always

8. Has your foot or ankle stopped you playing in the park or outside?

never  rarely  sometimes  very often  always

9. Has your foot or ankle stopped you taking part in PE lessons?

never  rarely  sometimes  very often  always

10. Has your foot or ankle stopped you taking part in any other lessons at school?

never  rarely  sometimes  very often  always

11. Have you been bothered by how your foot or ankle looks?

never  rarely  sometimes  very often  always

12. Has the way you walk bothered you?

never  rarely  sometimes  very often  always

13. Have you been embarrassed because of your foot or ankle?

never  rarely  sometimes  very often  always

14. Has anyone been unkind to you because of your foot or ankle?

never  rarely  sometimes  very often  always

15. Has your foot or ankle stopped you wearing any shoes you wanted to wear?

never  rarely  sometimes  very often  always

## OXFORD ANKLE FOOT QUESTIONNAIRE – PARENT VERSION

The questions below are based upon ways in which some young people told us they had been affected by a foot or ankle problem.

We want you to think about each question and then put a tick or a cross next to the answer that best describes your child – was it never a problem for them, or was it always a problem, or was it somewhere in between?

### Thinking about the last week...

1. Has your child found walking difficult because of their foot or ankle?

never  rarely  sometimes  very often  always

2. Has your child found it difficult to run because of their foot or ankle?

never  rarely  sometimes  very often  always

3. Has it been difficult for your child to stand up for long periods?

never  rarely  sometimes  very often  always

4. Has your child had pain in their foot or ankle?

never  rarely  sometimes  very often  always

5. Have your child's legs been sore or ached after walking or running?

never  rarely  sometimes  very often  always

6. Has your child felt tired because of their foot or ankle?

never  rarely  sometimes  very often  always

7. Has your child's foot or ankle stopped them joining in with others in the playground?

never  rarely  sometimes  very often  always

8. Has your child's foot or ankle stopped them playing in the park or outside?

never  rarely  sometimes  very often  always

9. Has your child's foot or ankle stopped them taking part in PE lessons?

never  rarely  sometimes  very often  always

10. Has your child's foot or ankle stopped them taking part in any other lessons at school?

never  rarely  sometimes  very often  always

11. Has your child been bothered by how their foot or ankle looks?

never  rarely  sometimes  very often  always

12. Has the way your child walks bothered them?

never  rarely  sometimes  very often  always

13. Has your child been embarrassed because of their foot or ankle?

never  rarely  sometimes  very often  always

14. Has anyone been unkind to your child because of their foot or ankle?

never  rarely  sometimes  very often  always

15. Has your child's foot or ankle stopped them wearing any shoes they wanted to wear?

never  rarely  sometimes  very often  always